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CARE OF YOUR TEMPORARY CROWN

It is natural to experience some minor discomfort after having your tooth prepared for a crown. Usually, this is limited to your gums feeling tender and your tooth being a little sensitive to cold air or food. Taking 1 or 2 Advil (200-400 mg Ibuprofen) the first day will help decrease this discomfort. Also, rinsing with warm salt water (1 tsp.\6 oz.) 3-5 times a day for 3-5 days will decrease any swelling in the gums and make your gums heal much faster.

Your temporary crown will need special care until your final crown can be cemented. Please do not floss on either side of this crown as this can dislodge it. If food becomes trapped and you need to floss, please pull the floss out sideways as your dental assistant or the Doctor showed you. Please avoid hard or sticky textured foods or candies, and these can crush or dislodge your crown (ie, no gum, jujubes, nuts, ice, or corn nuts). Most normal textured foods, such as fish, steak, chicken, etc., are fine.

If your temporary crown becomes dislodged, please call our office immediately at (310) 832-2657 or emergency line at (310) 525-0556 to have it re-cemented. Your temporary crown is saving the space for your final crown, so it is imperative that it be re-cemented as fast as possible if it comes off. Teeth can move very quickly and your final crown may not fit if too much time lapses. If it dislodges over the weekend, call Dr. Sheets and she will assist you.

We look forward to helping you again in a couple of weeks!—Dr. Sheets, Dr. Marshall and staff.
